

Dr. Regina Vincent-Williams

It is said that there are three groups of people who make up this world: those who make things happen, who watch things happen, and then those who wonder what happened. Our speaker today is among the first group – she makes things happen.



A published author/poet/motivational speaker, Regina Vincent-Williams, Ed.D., is from Talladega, AL. She is a servant at heart, whose poetry as for many years served as a ministry to the broken hearted, the broken down, and those who are just broke! Broken in spirit, broken from joblessness, broken from pain, broken from lack of faith. Dr. Vincent-Williams relates to broken-ness because for many years she experienced the pain and hopelessness listed above. But her faith has always kept her on the receiving end of God’s Favor. For that, she devotes her life as a servant. She has often quoted a saying she heard many years ago: When you work for God, you don’t worry about unemployment... Or anything else for that matter.

Over her entire life, Dr. Vincent-Williams has always maintained a busy lifestyle and quotes the late Erma Bombeck when she says “When I stand before God at the end of my life, I would hope that I would not have a single bit of talent left but could say I’ve used everything you gave me.”

Dr. Vincent-Williams currently serves as the President of the Fremont NAACP. She is also a member of the Consortium of Doctors; the Toledo Alumnae Chapter of Delta Sigma Theta Sorority, Inc.; the Ohio Delta Sigma Theta Sorority, Inc., Social Action Redistricting Cohort; and the Promedica Memorial Hospital Foundation Board.

She is a published author and she writes and performs in plays (Tell the Children, Man, Black Man, I Love You) and performed in plays (Raisin in the Sun – Beneatha; The Lion, the Witch, and Wardrobe – The White Witch; A Piece of My Heart, To Kill a Mockingbird – in 2019 as Calpurnia; Getting Away With Murder; A Funny Thing Happened on the Way to the Forum).

The Tiffin University Adjunct Professor holds degrees in Education and Communications, respectively, from Tennessee State University in Nashville and the University of Tennessee (Knoxville). She has worked a number of corporate jobs in several states, has done television news, and was co-host to a long-running public affairs program on WFSK-FM (Fisk Radio).

Lastly Dr. Vincent-Williams was most recently appointed to the State NAACP Legal Redress Committee. As such, her goal is to convene a pool of attorneys who might offer legal counseling to those in areas across Ohio with no legal representation.

The energetic mother, grandmother, and great-grandmother lives in Fremont with her husband, Dr. James Williams (the first Black to serve as County Coroner). It comes as no surprise, that she too is a first – the first African American Vice-President of the Sandusky County Health Department and (she will become President in January 2022) and the first African American to become a member of the historic Cosmopolitan Club, which dates back to the days of Lucy and Rutherford B. Hayes.

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